

# Alphabetical List of Words That Express Feelings

Accepted	Defeated	Happy
Afraid	Defensive	Hateful
Ambivalent	Depressed	Honored
Angry	Deprived	Hopeful
Anxious	Deserving	Hopeless
Anxious to please	punishment	Hostile
others	Desperate	Humorous
Apathetic	Determined	Hurt
Appreciated	Disappointed in self	
Ashamed	Disappointed in	Ignored
Attractive	others	Immobilized
Awkward	Disconnected	Impatient
	Dishonored	Important
Beaten	Disrespected	Inadequate
Beautiful	Distant	Incompetent
Betrayed	Distracted	In control
Bewildered	Distressed	Indecisive
Bored	Distrustful	Indifferent
Brave	Dominated	Inferior
		Inhibited
Calm	Eager	Insecure
Cared for	Embarrassed	Insignificant
Cautious	Encouraged	Insincere
Cheated	Energetic	Intelligent
Closed	Envious	Invisible
Comfortable	Ecstatic	Isolated
Compassionate	Excited	
Competent		Jealous
Concerned	Failure, like a	Joyful
Confident	Fearful	Judgmental
Confused	Friendly	
Connected	Friendless	Kind
Contented	Frustrated	
Cowardly		Lonely
Cruel	Grateful	Loser, like a
Curious	Grudge-bearing	Loved
Cut off	Guilty	Loving
	Gutless	Loyal

Manipulated  
Manipulative  
Melancholy  
Minimized  
Misunderstood

Nasty  
Needy  
Neglected

Old beyond years  
Optimistic  
Out of control  
Over-controlled  
Overlooked  
Overwhelmed

Paranoid  
Peaceful  
Persecuted  
Pessimistic  
Phony  
Pleased  
Pleased with self  
Possessive  
Pouty  
Pressured  
Proud

Quite

Real  
Rejected  
Repulsive  
Respected  
Restrained

Sad  
Safe  
Secure  
Serene  
Shocked  
Shy  
Sick  
Silly  
Sincere  
Sinful  
Sluggish  
Soft  
Sorry  
Spirit-filled  
Stressed  
Stubborn  
Stupid  
Sunshiny  
Superior  
Supported  
Suspicious  
Sympathetic  
Terrified  
Thankful  
Threatened  
Torn  
Touchy  
Trusting  
Trustworthy

Ugly  
Unable to  
communicate  
Unaccepted  
Unappreciated  
Uncertain  
Understanding  
Understood  
Unloved  
Uptight  
Used  
Useless  
Valuable  
Victimized  
Vindictive  
Violent  
Weary  
Weepy  
Winner, like a  
Wishy-washy  
Withdrawn  
Worn down  
Worthy  
Zealous